

## Programs for Children, Youth & Young Adults



### Infant & Early Childhood Mental Health

- Services provided in home or office to pregnant moms and/or caregivers with a child between 0-6 yrs to develop healthy relationships
- Child's growth & development services
- Therapy to address mental health concerns such as Postpartum Depression



### Autism Services

- Treatment for children under 21 yrs. diagnosed with Autism Spectrum Disorder
- Focus on increasing language, social skills, following instructions, improving interactions, keeping routines & improving daily living skills
- Intensive services involving 5 to 25 hours of direct intervention per week

### Home-Based Services

- For children ages 7-21
- Family-Centered treatment to resolve challenges that have prevented a child from thriving at home, school, work or other settings
- Intensive treatment in home, school or community, at least 4 hours a month
- Connect family to community for support & resources



### Intellectual/Developmental Disabilities

- For children & teens with a developmental disability who need medical or behavioral supports/services at home
- Supports Coordination at home, school or in the community & therapy to address ongoing behavioral/emotional concerns
- Other services include Psychiatry, CLS, Respite, Occupational Therapy, Speech Therapy, etc.

### School-Based Services

- Children and teens, grades K-12, in several DPSCD & charter schools
- Provide universal health screenings, crisis interventions, therapy, home-based services, & more to children, youth & families during school hours & in home or community
  - Provide mental health trainings to school personnel, parents & teachers



### Trauma-Informed Services

- Trauma-Focused Cognitive Behavioral Therapy is offered to help children & youth overcome negative trauma effects
- Services aim to decrease symptoms that stem from a traumatic event & focus on healing/supporting the child-parent relationship



# Detroit Wayne Integrated Health Network

## Programs for Children, Youth & Young Adults (Continued)

### Cornerstone

Focuses on improving functional skills in education, employment, social supports, wellness, self-management & residential stability, ages 15-21

### Youth Peer Support

Youth in middle school up to 26 yrs. work with Youth Peer Support Specialist to improve their overall functioning & quality of life

### Wraparound

Program for children/youth ages 0-21 and their families. Team-driven approach on strength-building across life-domains, promoting success, safety & permanence in home, school & community



### Parent Support Partner Program

Peer-delivered support for families where the person brings their own life experiences, skills & knowledge to empower parents who are facing challenges involving their child's emotional, behavioral & mental health challenges

### Parent Management Training- Oregon Model (PMTO)

Evidence-Based Best Practice for parents to support & encourage them as they learn skills to provide appropriate care, instruction, & supervision for their children

### Parenting Through Change

A group version of PMTO designed to enhance positive parenting skills

### LGBTQ+ Services for Youth

Services for youth between age 10-21+ provided through Ruth Ellis Center who offer outreach and safety-net services, integrated primary & behavioral health care services



### Fatherhood Initiative

Provides support & education to men who are fathers or caregivers. Encourages, empowers, provides advocacy & resources through workshops and other activities

### Respite Services

Short-term intermittent service to provide relief from the daily stress & care demands of a child with behavioral challenges

### Community Living Support Services (CLS)

Skill development related to activities of daily living & relationship-building skills as well as reinforcing skills taught in school, therapy or other settings

